



Physical Education Curriculum Information

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for physical education aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils will be given opportunities to:

- Use running, jumping, throwing and catching in isolation and in combination.
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

The P.E. curriculum consists of several main parts. These are games skills (invasion, net/wall, striking and fielding), gymnastics, dance, OAA and swimming. Each of the units of work begins with a core task to assess both prior attainment and to look at future areas of development. These are discussed and agreed with the children who are encouraged to take an active role in their learning. Children also develop their understanding of the importance of fitness as a key part of a healthy lifestyle and we promote the enjoyment of sport and exercise. As a school we take an active role in the various competitions and festivals offered by Easington School Sports Partnership and offer numerous opportunities for intra and inter school competition. We also encourage participation in extracurricular sport and offer a range of clubs and opportunities out of curriculum time.

PE skills will be taught discretely and where appropriately as an integrated part of a theme based curriculum, with skills being applied in relation to each class' current topic.

Assessment of PE

At Cotsford Primary it is our intention that all children will at least reach their age related expectations as described in the National Curriculum. However, through a curriculum that is challenging and relevant to the children we expect children to achieve greater than age related expectations.

Children who are not meeting age related expectations will be supported by staff through differentiated tasks and targeted small group work. The direct use of key questions and targeted support will be offered to ensure that any gaps between groups of children are closed.

Assessment of the children's PE skills will be assessed by the class teacher. There will be a range of evidence to support teacher judgement including sketch books, photographs and assessed pieces of work.

Monitoring of PE

The quality of the learning across the school is monitored by the PE Subject Lead Teacher.

Monitoring includes the Subject Lead Teacher observing learning within lessons, planning scrutiny, work scrutiny and discussions with children. Analysis of data is also undertaken to ensure that standards are high and that improvements are made where necessary.

Training is offered to all Subject Lead Teachers to ensure that their knowledge and skills are up to date and accurate.

The Subject Lead Teacher meets with the Special Interest Governor for PE to share school improvement plan initiatives with them and ensure that governors are aware of standards across the school.